

INFLUENZINUM

CLINICAL INDICATIONS AND OPTIONAL DOSING

Clinical indications	Dosage
Used traditionally as a flu preventive (Dr. Nebel)	Once a week for 4 weeks (Beg. Of October or later), followed by another dose 3 weeks later.
Convalescence post flu residual symptoms such as cough (Dr. Julian)	One dose 15 to 30 CH ASAP, followed by another dose (same dilution) a week later if needed.
To avoid side-effects from flu shot	One dose 30CH after vaccination

CLINICAL EVIDENCE

➤ French Homeopathic Society, *Investigation on Influenzinum prescription techniques for the prevention of the seasonal flu*, The Coulamy study – 1998

Results:

- **More than 80% of the patients do not take other preventive medications and 90% of those do not present any flu portrait.**
- **98% of the patients wish to take again the same protocol again the following year**

➤ Trentesaux Master's thesis, *Influenzinum prescription for flu prevention from 95 observations*, Lille II– 1983

Results:

- **In a daily medical practice, the Influenzinum prescription proves to be interesting for flu prevention in elderly and the young population. It showed evidence of effectiveness and no side effects.**
- **In 90% of the cases, preventive medication was effective, since no flu portrait appeared during the considered winter season.**
- **If influenza occurs, the subjects protected by Influenzinum showed much attenuated and shorter duration of symptoms.**

➤ Michaud J., *L'Homéopathie, pour une médecine différente*. Edition Robert Laffont, Paris-1976

Results:

- **«...Especially to get rid of Influenza's side effects, which can be extremely remotely related and puzzling, this remedy action is astonishing. »**